

SIZZLING Summer Savings

HWS009 Oak Conditioned
Medium Sweet Cider 4.5%
12x500ml **ONLY £15.99**



BUY 4 GET 1 FREE!

ONLY £1.06/ea
DEAL PRICE

HWS010 Oak Conditioned
Medium Dry Cider 6.5%
12x500ml **ONLY £15.99**

SFP026 Oval Chicken Balti Pie
12x195g **ONLY £8.50**



ONLY £5.67/ea
DEAL PRICE

BUY 2 GET 1 FREE!

SCF091 Battered Pollock
18x170-200g **ONLY £10.95**



SCF092 Battered Pollock
30x80-110g **ONLY £10.95**



MCW003 Pork Sausages 4's
MCW004 Pork Sausages 8's
1x4.54kg **ONLY £8.95**



NEW

99p
portion

ADD013 Large Strawberry Tart
1x16 **ONLY £15.95**



23p
each

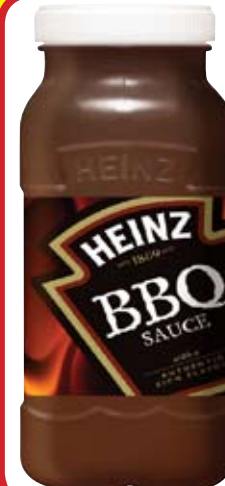
NEW

SPD003 English Breakfast
Muffins
12x4's **ONLY £10.99**



£1.49
each

FLT016 Tuna Loin Steak
Skinned & Boned
10x170-227g **ONLY £14.95**



HEZ255
Heinz BBQ
Sauce

1x2.68kg
WAS £7.32
NOW ONLY £4.95

Young's



28p
each (av)

**YBS009 Breaded Butterfly
Prawns (26-30)**
1x1kg **ONLY £7.95**

Young's



19p
each

**YBS008 Japanese Torpedo
Prawns (40)**
1x790g **ONLY £7.95**

SCF047 Battered Haddock
18x170-200g **ONLY £12.95**



Sea Chef

SCF048 Battered Haddock
15x230-290g **ONLY £14.50**

FLT012 Ray (Skate) Wings
Skinless
2kg 140-230g **ONLY £19.95**

flatfish



£1.81
av each

flatfish



£1.17
av each

FLT022 Trout Fillets
2kg 90-140g **ONLY £19.95**

FLT023 Hake Fillets
2kg 100-170g **ONLY £10.95**

73p
av each



flatfish

flatfish

£1.58
av each



FLT009 Seabass Fillets
2kg 90-140g **ONLY £26.95**

FLT028 Dory Fillets
2kg 60-110g **ONLY £19.95**



87p
av each

flatfish



£2.99
each

**BAN100 Lamb Shank in Mint
Sauce & Gravy**
10x500g **ONLY £29.95**



£2.99
each

**BAN101 Lamb Shank in Red
Wine & Rosemary**
10x500g **ONLY £29.95**

BAN105 Two Faggots in Gravy
10x480g **ONLY £18.95**



£1.89
each



£2.39
each

**BAN107 Pork with Black
Pudding**
10x350g **ONLY £23.95**



£1.69 each

BAN130 Liver & Onions
10x480g **ONLY £16.95**



KKW08 Individual Nut Roast Slice
24x140g **ONLY £18.95**

79p each



£1.69 each

KKW091 Mushroom Stroganoff
10x271g **ONLY £16.95**



£1.79 each

KKW092 Lancashire Cheese & Apple Souffle
12x210g **ONLY £21.50**



£1.15 p/kg



MCC190 Classics Southern Fried Wedges
4x2.5kg **ONLY £11.50**



£1.36 p/kg

MCC005 Classics Hash Browns
1x1.36kg **ONLY £1.85**



9p each

CPF008 Cumberland Sausages 8's
1x4.54kg **ONLY £6.95**



55p each

CPF009 Cumberland Ring
20x8oz 1x4.54kg **ONLY £10.95**



9p each

CPF010 Lincolnshire Sausages 8's
1x4.54kg **ONLY £6.95**



12p each

CPF011 Sliced Black Pudding
60x42g **ONLY £6.95**



BUY 2 GET 1 FREE!

CHEAPEST CASE FREE

HEH301 Italian Stonebaked Pizza Crusts
24x10" **ONLY £13.80**

HEH302 Italian Stonebaked Pizza Crusts
24x12" **ONLY £16.80**

HEH300 Italian Sauced Pizza Crust
16x10" **ONLY £11.95**



19p each

SPB017 Quick Bake Plain Panini
35x110g **ONLY £6.50**



20p each

SPB018 Quick Bake Herb Panini
35x110g **ONLY £6.95**



9p each

NEW

SPD004 Crumpets
12x8's **ONLY £8.99**



49p slice

NEW

ADD006 Lemon Meringue Pie
1x14pp **ONLY £6.95**



85p slice

NEW

ADD005 White Chocolate & Strawberry Cheesecake
1x14pp **ONLY £11.95**



57p slice

NEW

ADD009 Clementine & Ginger Cheesecake
1x14pp **ONLY £7.95**



12p each

NEW

SPD005 Mini Blueberry Muffins
72x30g **ONLY £8.99**



31p portion

MAY001 Chocolate Fudge Cake
1x16ptn **ONLY £4.95**



35p portion

MAY011 Strawberry Cheesecake
1x14ptn **ONLY £4.95**



83p portion

SCH504 Strawberry Tart
1x12ptn **ONLY £9.95**



£1.08 portion

SCH506 Raspberry Swirl Cheesecake
1x12pp **ONLY £12.95**



MAY012 Blackcurrant Cheesecake
1x14ptn **ONLY £4.95**

MAY013 Mandarin Cheesecake
1x14ptn **ONLY £4.95**

ALVESTON KITCHENS



77p portion

ALV036 Very Berry Pavlova
1x10ptn **ONLY £7.75**

ALV045 Profiteroles in Chocolate Sauce

3x24's **ONLY £11.95**



ALVESTON KITCHENS

ALVESTON KITCHENS



71p slice

ALV046 Lemon Meringue Pie
1x12pp **ONLY £8.50**

BAK018 Bacon & Cheese Twist
50x90g **ONLY £20.95**



42p each

BAKEHOUSE

BAKEHOUSE



37p each

BAK019 Tomato & Cheese Swirl
35x115g **ONLY £12.95**

BAK020 Cheese Lattice
60x100g **ONLY £20.95**



35p each

BAKEHOUSE

BAKEHOUSE



10p each

BAK090 Mini Vienoiserie
3x50x30g **ONLY £14.95**

BBF045 Flora Portions
120x10g **ONLY £6.99**



5p each

SAVE OVER 25%

SAVE OVER 20%



CRM002 Flora Spread
1x2kg **ONLY £4.95**



ONLY £5.00/ea
DEAL PRICE

BUY 2 GET 1 FREE!



CPC700 Ginger Puree

CPC701 Peppercorn Puree

CPC702 Paprika Puree

CPC703 Mixed Herbs Puree

CPC704 Garlic Puree

CPC705 Basil Herb Puree

1x750g **ONLY £7.50**



BUY 3 CASES (9 BAGS)

OVER 2 MONTH PERIOD

MAS003 Basmati Rice

MAS006 Long Grain Rice

MAS019 Exquisotto Rice

MAS067 Wholegrain Rice

1x5kg ONLY £16.95

GET A CAMERA FREE!



MAS026 Sweet & Sour Sauce

1x2.4kg ONLY £4.99

MAS105 Texan Barbeque Sauce

MAS201 Mexican Salsa

MAS210 Sweet Thai Chilli Sauce

1x2.4kg ONLY £5.95

SAVE OVER 10%



**NES907 Original Gravy Mix
1x2kg ONLY £8.50**

**NES069 Golden Gravy Mix
1x2kg ONLY £8.50**



SAVE OVER 10%

**NES985 Vegetarian Gravy Mix
1x2kg ONLY £8.50**



SAVE OVER 10%



**AAK004
French Dressing**

**1x2.27kg
WAS £3.84
NOW ONLY
£2.95**



**AAK012
Salad Cream**

**1x2.27kg
WAS £3.87
NOW ONLY
£2.95**



**AAK017
Sticky Barbeque
Sauce**

**1x2.27kg
WAS £5.17
NOW ONLY
£3.50**



**AAK031
Brown Sauce**

**1x4.5kg
WAS £4.67
NOW ONLY
£3.99**



**AAK032
Tomato Ketchup**

**1x4.5kg
WAS £5.71
NOW ONLY
£3.99**





HEZ011
Salad Cream

1x2.15lt
WAS £7.99
NOW ONLY
£5.50



HEZ034
Tartare Sauce

1x2.15lt
WAS £6.99
NOW ONLY
£4.95

BBF001 PG Pyramid Teabags
1x1150 **ONLY £13.95**



BUY 2 FOR ONLY £25



BUY ANY 3 CASES
GET A FREE CASE OF



COCA COLA REGULAR CANS

CAD016 Twirl

CAD017 Crunchie

CAD020 Dairy Milk Caramel

CAD023 Double Decker

CAD024 Boost Glucose

CAD049 Dairy Milk Standard

CAD153 Wispa Bar

1x48

ONLY £18.75



PAT037 All Butter Shortbread

PAT032 Oat & Raisin Cookie Bar

PAT036 Choc Chunk Shortbread

PAT034 Double Choc Chip Cookie

2x24x30g **ONLY £11.99**

BUY 2 GET 1 FREE!



BTG020 Elderflower
BTG021 Ginger & Lemongrass
BTG022 Cranberry & Orange
BTG023 Pomegranate & Elderflower
BTG024 Cox's Apple
BTG025 Orange & Mango

12x275ml **ONLY £7.50**



ONLY 50p/ea
DEAL PRICE

BUY 4 GET 1 FREE!

BUY 3 GET 1 FREE!



ONLY £8.21
DEAL PRICE

PAT064 Giant Bourbon Creams
PAT065 Giant Custard Creams
2x14x65g **ONLY £10.95**

TTL010 Red Mountain Coffee
1x750g **ONLY £9.95**



PRE084
Typhoo One Cup Teabags

1x1100

NOW ONLY
£12.95

BUY 2 GET
AN EXTRA
£1 OFF!



PRE018 Typhoo Envelope
Teabags
1x250 **ONLY £7.95**

NES327 Nestle Latte
1x500g **ONLY £5.95**



Nestle
PROFESSIONAL
Creative Food & Beverage Solutions



NES914 Mocha Sachets
40x22g **ONLY £8.95**



NES064 Nescafe Coffee Sticks
1x200 **ONLY £10.95**

NES081 Decaffeinated Sticks
1x200 **ONLY £11.95**

Nestle
PROFESSIONAL
Creative Food & Beverage Solutions

NES852 Gold Blend Coffee Sticks
1x200 **ONLY £13.95**

NES810 Gold Blend Decaf Sticks
1x200 **ONLY £14.50**

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